

Acupuncture Healthcare Associates
Your Fertility Specialists

Acupuncture Protocols for IVF

Ideally, we would like to see our patients one time weekly for 3-6 months prior to IVF. This regimen allows your body to fully receive and sustain the effects of acupuncture.

Swedish Study

Background: A Swedish study published in the European Society for Human Reproduction and Embryology.

Protocol: Acupuncture twice weekly for 4 weeks leading up to IVF

Summary: This study increased uterine artery flow by 100%. This is critical because IVF demands “optimal endometrial receptivity at the time of implantation.”

German Study

Background: A German study published in Fertility & Sterility (Vol 77, NO. 4, April 2002, 721-724)

Protocol: Acupuncture 30 minutes prior and 30 minutes after transfer.

This protocol is done in 2 ways through our office:

1- You can plan to come to our office the night before your transfer and then have a friend drive you over after you have your transfer to get an acupuncture treatment.

This mimics the protocol very closely and many fertility clinics agree that this method is sufficient.

2- Julie or Monica may be able to make an office visit on the day of your transfer.

This depends on your RE as well as on our availability. This visit is considered a separate transaction so we ask that you make a personal check to the acupuncturist in the amount of \$300.

Summary: This protocol increased the success rate of IVF by almost 50%

