

# ASK the acupuncturist:

The struggle to conceive can be a very emotional and taxing journey. In conjunction with conventional medical treatments, there are several aspects of health and well-being that can be addressed through complementary techniques. These techniques include acupuncture, herbs, supplements, diet and exercise that are imperative in surviving the emotional roller coaster.

Join Julie Shindler-Cohen, MSTOM, Dipl. OM for an evening to ask questions, learn about Chinese medicine for fertility, and gain support from others. We create a warm and relaxed atmosphere where couples can come together to gain new tools to assist them along their fertility journey.

## New Tools to Enrich Your Fertility Journey



### Dates & Location:

**The first Thursday evening of every month, 7-8pm**

February 5th, March 5th, April 2nd, May 7th and June 4th.

All meetings will be held at

**Michigan Associates of Acupuncture  
and Integrative Medicine**

7001 Orchard Lake Road, Suite #120  
West Bloomfield, MI 48322

There is no cost to attend.

**RSVP required (248) 737-7126**

### Group Moderator:

**Julie Shindler-Cohen, MSTOM, Dipl. OM**

Julie is a registered acupuncturist and Chinese herbalist. Julie earned her degree from the Pacific College of Oriental Medicine in Chicago and completed an internship at the Zhejiang College of Medicine in Hangzhou, China. In addition, Julie has acquired additional training in fertility under Jane Lyttleton and pregnancy under Debra Betts. Julie has a passion for treating couples experiencing infertility and uses her knowledge and experience to assist couple during their journey.

There is no cost to attend.

**RSVP required: 248.737.7126**

